

## Music Therapy Wish List

Music is good for the soul and can help individuals, including our residents, recover from the mental, physical, and emotional trauma they have experienced. Music can reduce emotional stress, increase self-awareness, relieve physiological stress, evoke imagination, and act as a positive substitution for less desirable behaviors.

- **MP3 players (with SD cards)**
- **Alarm clock radios**
- **Boomboxes**
- **Bluetooth earbuds**
- **Bluetooth speakers**
- **Amazon Fire tablets**



**Used items are not accepted.** Everyone deserves to have new items to call their own.

**Items can be dropped off** at our main entrance Monday – Friday from 8:30 a.m. – 6 p.m. and Saturday from 9 a.m. – 4 p.m. All donations are 100% tax deductible.

**Questions?** Contact Fran Sanders, Outreach Coordinator, at 502.596.1057 or [fsanders@homeoftheinnocents.org](mailto:fsanders@homeoftheinnocents.org).

**To shop**, scan the QR codes below or visit [homeoftheinnocents.org/wishlist](http://homeoftheinnocents.org/wishlist).



Scan to shop our  
Amazon registry.



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